

Gems from the Gym

April

Well, March certainly came in like a Lamb and went out like a Lion. Now we have April showers that bring May flowers. This is a beautiful time of year but the weather is a bit tricky. PE classes will be going outside as long as the weather is decent and the ground isn't muddy. If it is one of those "in between" days then plan on going out. 4th graders might want to bring an extra pair of shoes & socks on PE days because of the morning dew on the grass.

Our Jump Rope for Heart was a huge success and we beat our goal of \$1500.00 by \$55.00 for a grand total of \$1555.00. On behalf of the Cashman School and the American Heart Association I want to thank all the students for their hard work jumping rope and their generous friends and family for their donations.

The Fit and Lit program is still going strong so read, exercise and turn in those sheets for tokens!